

O'DONNELL ISD STUDENT HEALTH ADVISORY COUNCIL/WELLNESS COMMITTEE

Meeting Agenda

Wednesday December 3, 2025-5:30pm

Type of Meeting: Discussing 1st semester

Meeting Facilitator: Kayla Pyron, RN-OISD School Nurse

- I. Call to order
- II. Roll call
- III. Approval of minutes from last meeting
- IV. Open Issues
 - A. Review/Updating SHAC Bylaws
 - B. Review/Updating Wellness Plan
- V. Old business
 - A. Discuss & evaluate events for 2025-2026
 - a. AED & CPR refresh staff training
 - b. EpiPen, Narcan, Seizure, & LifeVac training for staff
 - c. Youth Mental Health First Aid USA training for staff
 - d. Handwashing education for PreK-5th grade students
 - e. CPR certification for 11th grade students
 - f. Hearing, Vision, & Scoliosis screening for all required grade levels
 - g. Safety Week education for PreK-5th grade students
 - h. Student Safety Week at the secondary campus for 6th-12th grade students
 - i. State mandated Immunization reporting by the school nurse
 - j. Elementary school Health Fair
 - k. Turkey Trot

- l. UIL for Elementary and JH
- m. Hygiene Education for 4th and 5th grade students
- n. Germ education for PreK-5th grade students
- o. Finding a company to come annually service our AED's on both campus'

VI. New business

A. Committee Members

B. Upcoming SHAC Activities for 2025-2026 School Year

- a. Children's Health Fair – September 2019
- b. Community Flu Clinic – September 2019
- c. Stop the Bleed class for 10th-12th grade students
- d. Circulatory System (Heart) Lesson for 2nd-5th grade students
- e. Mental Health and Stress Management education for 6th-12th grade students
- f. Fantastic Teeth – 1st graders-Spring semester 2026
- g. Color Run-May 2026
- h. Track and Field Day-May 2026

C. Discuss hot topics for possible additions for SHAC Activities for 2025-2026

- a. Vaping Education
- b. Obesity/Healthy eating education
- c. Social Media Safety Education (Includes Cyber bullying & crimes)
- d. Sex Trafficking Education

D. District Vulnerability Audit Full Report

VII. Discuss remaining 3 meeting dates & change if necessary

VIII. Adjournment